



the National Trust
for Scotland
a place for nature

Mar Lodge Estate

Low-level walks

Description

Lying at the heart of the Cairngorms National Park, Mar Lodge Estate is one of the most important areas for nature conservation in the British Isles. It covers over 29,000 hectares, with 15 Munros on or within its boundaries.

From the Linn of Dee car park there are a number of low-level walks to be enjoyed. Please note there is no waymarking as our policy is to minimise interference in the landscape.

Grade

Moderate

Terrain

Generally flat but mostly unsurfaced. Some steps on all three walks, especially on the Linn and River Dee Woodland trails.

Distance

The Linn	½ mile / 0.8km
River Dee woodland	1 mile / 1.6km
Glen Lui	2 miles / 3.2km

Time

The Linn	30 mins
River Dee woodland	1 hour
Glen Lui	2 hours

OS Map

Landranger Sheet 43

Facilities

Parking and toilets at Linn of Dee



The Trust is supported by



THE LINN

Leaving the car park by the short path adjacent to the entrance, follow the sign across the road to where the path leads you down a flight of stone steps to arrive at the viewpoint. Here you can enjoy the rush of water and spectacular rock formations as the River Dee, flowing down from its source in the Cairngorms, cascades through the narrow gorge. Keep to the path to avoid the slippery rocks. Cross the road (watch for traffic) at the steps by the bridge to view the upstream side, and follow the network of paths to return to the car park.

RIVER DEE WOODLAND

Extend the Linn walk by following the path east from the viewpoint along the River Dee. Carpeted with moss and pine needles, the route takes you through a mature stand of Scots pine and Douglas fir. Look out for a glimpse of a red squirrel – their feeding signs of gnawed cones are all around. The river here is a protected habitat. Otters frequent its banks, and salmon head upstream to spawn. In springtime you may be lucky enough to spot fish among the rocky pools of the Linn. You can either return to the car park or continue your walk across the road and into Glen Lui.

GLEN LUI

Close to where the Lui flows into the Dee lie the remains of a concrete weir – a legacy of the Second World War, when teams of Canadian lumberjacks camped close by in order to fell timber for the war effort. Leave the main track to follow the narrow path close to the river. A short distance along, you reach a splendid view of the Lui gorge. At this point are the stone remains of an old abandoned salmon ladder. A path to the side of the ladder links directly back to the car park – or continue alongside the river to the end of the trees to get a tantalising view of the high mountains, maybe still capped with snow. This is the southern gateway to the Cairngorms.

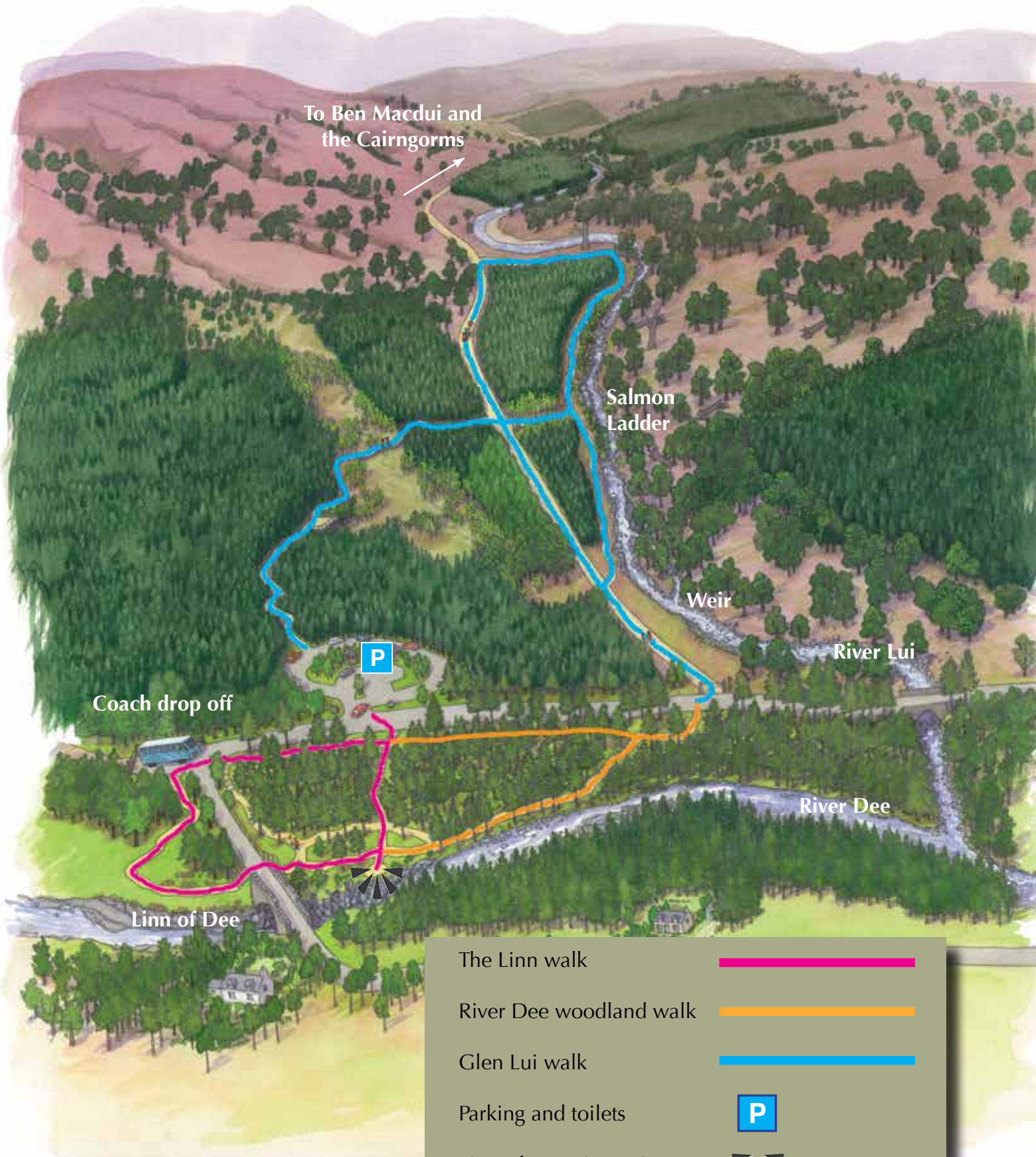
Rejoin the track to return, following signs to the car park, and keeping an eye out for deer amongst the trees. For a shorter walk, missing out the Linn of Dee, Glen Lui can be accessed directly from the car park.

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To Ben Macdui and
the Cairngorms

Salmon
Ladder

Weir

River Lui

River Dee

Coach drop off

P

Linn of Dee

- The Linn walk 
- River Dee woodland walk 
- Glen Lui walk 
- Parking and toilets 
- Linn of Dee Viewpoint 