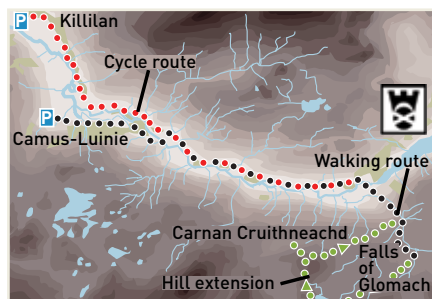


FALLS OF GLOMACH (Moderate to fairly strenuous)

What you'll see:
A splendid gorge and one of the country's highest waterfalls



The essentials

MAP OS LANDRANGER SHEET 25
DISTANCE FROM 11 MILES (17KM) TO 18 MILES (28KM)
APPROXIMATE TIME 4 – 8 HOURS DEPENDING ON CHOICE OF ROUTE
GRADE MODERATE TO FAIRLY STRENUOUS
START/FINISH GLEN ELCHAIG; KILLILAN (NG 941 303) OR CAMUS-LUINIE (NG 948 283)

THE Falls of Glomach lie on a finger of Trust land which extends northwards from their splendid Kintail and West Affric estates. Although the falls can be approached from Morvich in the south, it is perhaps better to approach along beautiful Glen Elchaig and enter the base of the gorge with the sights and the thunderous roar above you.

There are two starting points in Glen Elchaig depending on whether one approaches on foot, or by cycle. The latter is best because it gives you time to add-in a fine hill, or explore further up the glen.



Turn off the main road just past Dornie and the iconic Eilean Donan Castle and where the public road makes a right-angled turn at the head of Loch Long there is a parking area at the start of an estate road; this is the cycle approach through Killilan.

The public road ends at Camus-luinie and a footpath leads from here for a mile, or so to a bridge over the river where the route on the north side is gained. Both routes now lead through the glen beneath the steep slopes of Carnan Cruithneachd to the gorge (1hr by bike, 2hrs on foot).

Leave the track and first cross the bridge over the main river, then the bridge crossing

the Allt a'Ghlomach as it pours out of the mouth of the gorge ahead. A good path climbs up the hillside into the gorge over small rocky steps. Care should be taken, more so if it's wet underfoot, both here and further up near the top of the gorge.

After the first section is passed the gorge opens and the upper fall can be glimpsed. The path climbs a rib then traverses up and across to the top of the fall where with great care another path can be descended towards the fall. Descend by the route of ascent.

The magnificent peak of Carnan Cruithneachd can conveniently be climbed from here (7 miles and 5-6 hours from the

floor of the glen). The Morvich path is followed south-west up to the Bealach na Stroine, then left for a tramp north across bog and heather for Carnan Cruithneachd, whose narrow pointed top is gained by a ramp cutting up its short but steep summit slope.

To descend return to the foot of this slope, then either retrace ones steps to the top of the gorge, or follow the north-east ridge of the hill which is quit just above the gorge to descend steep grass and heather to gain the path of the upwards route at the widening in the centre of the gorge.

